



**SGT UNIVERSITY**  
SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC Approved) Gurugram, Delhi-NCR

**ONE DAY WORKSHOP**  
**AUTISM- DIAGNOSIS**  
**&**  
**TREATMENT APPROACHES**



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## Faculty of Behavioural Sciences

SGT/FBSC/Ch.Psy/2023/1805

Date: 27-03-2023

To  
The Registrar,  
SGT University, Gurugram

Subject- Approval for conducting workshop on Autism- Diagnosis and treatment approaches on 1<sup>st</sup> April 2023

Sir,

Faculty of Behavioural Sciences will be conducting an event assigned by Institutional Innovation Council (IIC) to commemorate World Autism Day on 1<sup>st</sup> April 2023. This workshop will involve 50 participants with two Expert Resource Persons (Dr. Gurbani Kohli & Dr. Shadma ) in the field of Autism. The workshop will be conducted in room no.116, in the Department of Clinical Psychology with each session lasting 90 minutes. For conducting this event, following will be required:

- i) 50 pens —
- ii) 50 notepads —
- iii) 50 certificates for attending participants. —
- iv) Banner (Digital) —
- v) Certificates for two resource persons —
- vi) One workshop coordinator certificate —
- vii) Refreshments for attending participants. —
- viii) Lunch for five persons —

11:30 Am to 1:00 pm and 2:00 pm to 3:30 pm

The approval and financial sanction of rupees 9000 may kindly be granted for conducting this event to pay Honorarium and TA to two resource persons as per university norms.

*Submitted for consideration as per protocol.*

*VC Approved 31/03/23*  
*Registrar 31/03/23*  
*Dean FBSC 27/3/23*  
*Dean Faculty of Behavioural Sciences SGT University Gurugram (Delhi-NCR) Pin: 122501*  
*Registrar SGT University, Gurugram (Delhi-NCR) Pin: 122501 Budhera, Gurugram*

*D/VC/956  
31/03/23*

*R-1092  
29/3/23*

**Requisition Form**

Request for	Flex & Banner	Photo (Still/Video)	Vehicle	Other
Name of the faculty	Behavioural Sciences		Event title: 4/23/2023	
Name of the Department	Capital Sciences		Event date & time: 4/23/2023	
Name of the coordinator	The Faculty Members		Venue details: Room 116, E Block	
Contact no. of the coordinator	987724428		No. of guests: 50 Members	
E-mail ID of the coordinator	mohd. Fiaz. Behavsci@sgt.ac.in			

**Printing & Promotion (Tick against the requirement)**

Design type:  Flex  Banner

Whether design proposal attached:  Yes  No

Size Required: \_\_\_\_\_

Estimated Cost: \_\_\_\_\_

Quantity Required: \_\_\_\_\_

**Photo / Video (Tick against the requirement)**

Photography:  Still  Video

**Vehicle Detail**

Type of Vehicle: \_\_\_\_\_

Estimated Cost: \_\_\_\_\_

No. of passengers: \_\_\_\_\_

Whether any luggage (Y/N): \_\_\_\_\_

Details of Journey: From: \_\_\_\_\_ To: \_\_\_\_\_

Time: \_\_\_\_\_

Purpose of duty: Office  regular Trip  Other

**Accommodation / meal**

Type of accommodation: \_\_\_\_\_ meal (Y/N): \_\_\_\_\_

Estimated Cost: \_\_\_\_\_

Duration: From: \_\_\_\_\_ To: \_\_\_\_\_

**Other**

please check the items required wrt the above event along with quantity

Item	Y/N	Qty	Description (if any)	Estimated Cost
Manuscripts				
Seating				
Budget				
Decorations				
Projector				
Speaker				
Screen				
Midia				
High Tea Refreshment	✓	50 persons		1400/-
Lunch	✓	50 persons		1800/-
Honorarium	✓	Two persons		9000/-
Total				14000/-

**Assigning Details**


Name of the assignment	Designing	Photo/Video	Vehicle	Others
Assigned to:				
Department:				
Contact number:				

Date of submission: 1/1/2023

Signature of Dean: 31/03/23

Signature of Coordinator: \_\_\_\_\_


Registrar  
SGT University,  
Budhera, Gurugram


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**Faculty of Behavioural Sciences**

The tentative details of the proposed budget are as given under.

Item name	Quantity	Amount
Pens	50	500
Notebooks	50	750
Certificates	53	1000
Tea	50	4000
Lunch	05	1500
Honorarium	02	9000 + TA
<b>Total</b>		<b>16750</b>

  
 Dean  
 DeBFS  
 Faculty of Behavioural Sciences  
 SGT University  
 Gurugram (Delhi-NCR)

**DIGITAL BANNER**

  
**SGT UNIVERSITY**

  
**INSTITUTION'S INNOVATION COUNCIL**  
(Ministry of Education Initiative)

**Faculty of Behavioural Sciences (FBS)**  
 Under the aegis of  
**Institution's Innovation Council (IIC)**  
 Is organizing a **Workshop on**

# "AUTISM-DIAGNOSIS & TREATMENT APPROACHES"

📅 1<sup>st</sup> April, 2023 | ⌚ 11:30 AM onwards

**Venue: E Block, Room No. 116, Faculty of Behavioural Sciences**

— **Expert Speakers** —

**Ms. Shadma Jahan**  
 RCI licensed clinical psychologist and ABA expert.

**Dr. Gurbani Kohli**  
 Child Psychologist,  
 Dr. Bakshi's Health Care, New Delhi

— **Coordinator** —

**Ms. Megha Sharma,**  
 Assistant Professor,  
 Faculty of Behavioural Sciences,  
 Clinical Psychology.





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## **Brief Profile of Speaker:-**

The Expert speakers of the session were Ms. Shadma Jahan, RCI Licensed Clinical Psychologist ,Associate Professor at Saraswati Medical College & Research Institute, Hapur and Dr. Gurbani Kohli, Child and Adolescent Psychologist at Dr. Bakshi's Health Care, New Delhi.

## **Organizers:**

- Department of Clinical Psychology, Faculty of Behavioral Sciences (FBSC), SGT University.
- Institution's Innovation Council (IIC)

## **Report of the workshop/event:-**

### **a) Introduction:**

Autism spectrum Disorder (ASD) is a neuro developmental disorder in children and adolescents. Children with ASD often have problems with social communication and interaction and restricted or repetitive behaviors or interests. It is important to understand Autism spectrum disorders with a specific focus on assessment, diagnosis and management of Autism.

### **b) Objective of the workshop/event:-**

- To make students aware of Practical early intervention techniques such as Applied behavior analysis (ABA) and early intensive behavioral intervention (EIBI) in the management of Behavioral, sensory, social and other educational related issues of ASD.
- To provide students with hands on training experience as well as discussion of case studies and treatment techniques to gain a better understanding of Autism spectrum disorders.

### **c) Brief report of workshop:-**

On the occasion of World Autism Day, a workshop on Autism-Diagnosis and Treatment Approaches was held on 1st April. The main objective of the



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workshop was to sensitize budding psychologists and therapists about the early diagnosis and new treatment approaches that can aid autistic patients to function normally.

The workshop started with Ms. Megha Sharma who is a clinical psychologist and Assistant professor at SGT University introducing the aim of the workshop. Dr. Rajbir Singh (Dean FBSC) and Dr. Vikas Sharma thanked Ms. Megha Sharma for hosting the workshop as they explained that autism has become a growing concern and needs to be addressed.

The first session started with Ms. Megha Sharma introducing the first speaker Ms. Shadma Jahan ( RCI Licensed Clinical Psychologist and ABA expert). Ms. Shadma as a leading expert on Applied Behaviour Analysis Model shed her insights on the topic 'Application of ABA'. She opened the discussion by defining autism as a neurodevelopment disorder characterized by social impairment, communication difficulties, and restricted repetitive and stereotyped patterns of behavior. It was also noted that 1 in 100 children worldwide suffers from autism spectrum disorder. She elaborated her discussion on the treatment after enlightening everyone about the onset and diagnostic criteria. ABA therapy is a gold-standard intervention-based program for all types and levels of ASD. She further educated everyone on the determining components of intervention such as shaping, prompting, fading, chaining, and differential reinforcement. These components assist a psychologist in interacting with autistic children effectively and breaking the problematic patterns of behavior prevalent at home or in school. The screening tool recommended by her was the Modified Checklist for Autism in Toddlers (M-CHAT). The duration, methodology, applications, and teaching protocol for autistic children were discussed in detail. An important component of ABA is data collection relating to a certain decrease in problematic behaviors in children such as shouting, licking, rigidity, etc. It is helpful for the therapist in quantifying the progress of the therapy and making necessary changes. Ms. Shadma emphasized that ABA is a model that needs to be continued throughout and parents' participation is very important in helping these patients. The session ended with Ms. Megha Ma'am facilitating Ms. Shadma with a sapling and a vote of thanks.

After an insightful session in the morning, the workshop continued further in the afternoon after a short lunch break. The afternoon session started with Ms. Megha Sharma introducing the speaker, Dr. Gurbani Kohli, Child Psychologist, who elaborated on Progressing with autism which includes early identification, diagnosis, and early intervention.

She defined autism as a developmental disorder that appears in the first three years of life and affects the brain's normal development of social and communication skills. She further explained how autism is a spectrum and individuals with autism can be very different from each other. She highlighted that there is no cure for Autism Spectrum Disorder, but early intervention and



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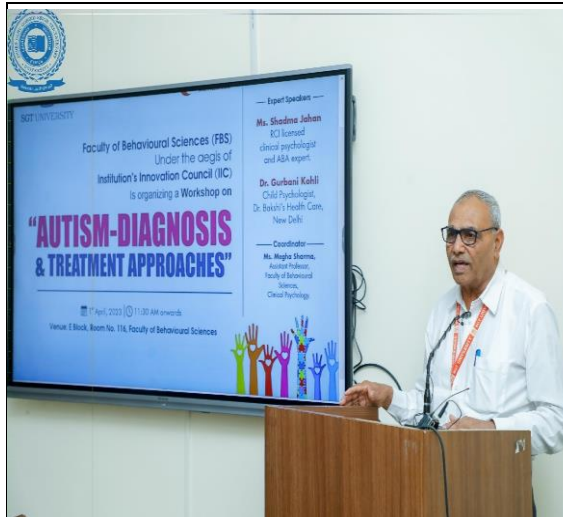
treatment can improve outcomes and quality of life for individuals with Autism Spectrum Disorder.

She further elaborated upon the early diagnosis of autism which allows for early intervention which could in turn lead to better outcomes. According to a report made by WHO, in 2022 1 out of 100 youngsters in the world has autism. It is worth mentioning that no single unified theory can explain the ideology of autism. Signs of developmental delays( Social impairment, Communication impairment, repetitive and stereotyped behavior patterns) according to specified age were explained. Autism Screening tools such as M-CHAT(Modified Checklist for Autism in Toddlers), PDDBI( Pervasive Developmental Disorders Behavior Inventory), ADI-R(Autism Diagnostic Interview-Revised), ADOS(Autism Diagnostic Observation Scale), CARS(Childhood Autism Rating Scale), ISAA(Indian Scale of Assessment of Autism) were discussed. The need for a multidisciplinary team of professionals trained and specialized in autism was highlighted.

Intervention Strategies for Autism were mentioned( Sensory Integration Therapy, Auditory Integration Therapy, Behavior Modification, Diet Therapy, Applied Behavior Analysis, and Early Intensive Behavior Intervention.) The Early Intensive Behavior Modification was further explained in detail. Intervention strategies based on age were discussed. Dr. Gurbani Kohli ended the session by naming a few successful people living with Autism Spectrum Disorder.

Ms. Megha Sharma thanked the speaker for an informative and insightful session and extended her gratitude to the audience for their active participation in the workshop.

**d) Picture of Event:**



**Resource Persons addressing the students and faculty members**



**Faculty members Felicitating the Speakers**

**No. of Students who attended the event: 46**





## Faculty of Behavioural Sciences

Date: 1<sup>st</sup> April, 2023

(Workshop on Autism)

31.	Chitransha	Bsc. Psychology	Chitransha
32.	Sanskriti Adhikari	Bsc Clinical psychology	Sanskriti
33.	Priya Bhatt	Bsc Clinical Psychology	Priya
34.	Aman Pandey	Bsc Clinical psychology	Aman Aman
35.	Bodheet Bhardwaj	Bsc clinical psychology	Bodheet = Bodheet
36.	Rachna Jaispathi	PD CP	Rachna
37.	Kavya Vohra	PD CP	Kavya



## Faculty of Behavioural Sciences

Workshop on Autism

Date: 1<sup>st</sup> April, 2023

- Faculty members -

1.	Dr. Vikas Sharma	FBSC	Vikas Sharma 11/04/23
2.	Dr. Shubhangi Gupta	"	Shubhangi Gupta 11/04/23
3.	Ms. Megha Sharma	"	Megha Sharma 11/04/2023
4.	Dr. Kailash	"	Kailash
5.	Ms. Anantika Tehlani	FBSC	Anantika Tehlani
6.	Ms. Shweta Chattopadhyay	FBSC	Shweta Chattopadhyay 11/4
7.	Dr. Kamini Tanwar	FBSC	Kamini Tanwar
8.	Dr. Amra Ahsan	"	
9.	Prof. Rajbir Singh	FBSC	



## Faculty of Behavioural Sciences

Date: 1<sup>st</sup> April, 2023

### One Day Workshop Autism Diagnostic & Treatment Approaches

#### Attendance Sheet

S.No.	Participants	Programme	Signature
1.	RISHIKA VASHISHTHA	PDCP	Rishika
2.	MEENAKSHI	PDCP	Meenakshi
3.	MAHIMA GUPTA	PDCP	Mahima
4.	SHARANYA SHUKLA	PDCP	Sharanya
5.	SHAGUN KATOCH	PDCP	Shagun
6.	MADAALASA MANNAVA	MSc Clinical Psy	Madalasa
7.	PRIYAMVADA SHARMA	MSc Clinical Psy	Priyamvada
8.	DEEPIKA SHARMA	PDCP	Deepika Sharma
9.	Meghank	BSc Clinical Psy	Meghank
10.	Himanshu Sehrawat	BSc Clinical Psy	Himanshu
11.	Aryam Rayhav	BSc Clinical Psy	Aryam
12.	Tamanna Jodan	BSc Clinical Psy	Tamanna
13.	Aarushi Chauhan	BSc Clinical Psy	Aarushi
14.	Deepak Nigam	BSc Clinical Psychology	Deepak Nigam
15.	Sakshi Tethiyal	BSc Clinical Psy	Sakshi
16.	Ishita Khandelwal	BSc Clinical Psychology	Ishita
17.	Malvika Mahesh	BSc Clinical Psychology	Malvika
18.	Tanika Chauhan	BA hono psych	Tanika
19.	Ruchit Tiwari	BA hono psych	Ruchit
20.	Jasmine Kaur	BA hono psych	Jasmine Kaur
21.	Kaushika Shukharia	BA psycho.	Kaushika
22.	Harsh	BSc Clinical Psy	Harsh
23.	Prachi	BA hono Psychology	Prachi
24.	Riya Kulkarni	BSc Psy.	Riya
25.	Tamanna	BA Psy. Hons.	Tamanna
26.	Kritika Sharma	BA Psy Hons	Kritika
27.	Purnita Bhatt	BA(H) Psychology	Purnita
28.	Bulbul	BSc Psychology	Bulbul
29.	Vanika	BSc Psychology	Vanika
30.	Parul	BSc Psychology	Parul

Najwa